## bod.ē. HAPPY

#### PRODUCT OVERVIEW:

Bod•ē Happy is specifically designed to promote productivity, focus, alertness and support cognitive function, while increasing one's energy.\* The way you feel affects so many things in your day. Work, family, relationships, workouts — when you think about it, doesn't everything go just a little bit better when you're happy? Say hello to Bod•ē Happy. It's something new, and something you'll want to try. Bod•ē Happy is a delicious way to gain that mental advantage in a demanding world of multi-tasking.

#### POSITIVE NUTRITION FOR YOUR MIND

3 PRODUCTS IN ONE:





ENERGY GIVES YOU A
NATURAL ENERGY LIFT
WHEN YOU NEED IT WITH
125 MGS OF NATURAL CAFFEINE\*



**SUPPORTS HEALTHY HAIR, SKIN & NAILS** USES SPECIFIC NUTRIENTS DESIGNED TO HELP YOU LOOK YOUR BEST\*



NO ARTIFICIAL COLORS
NO ARTIFICIAL FLAVORS
NO GLUTEN
NO SOY
NO DAIRY

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# bod.ē HAPPY

#### PRODUCT USAGE:

#### Bod•ē Happy Concentrate Packet

Pour contents of the Bod•ē Happy concentrate into 12-14 fl oz or more of cold, purified water. Shake well and often. As a dietary supplement, take one daily. If you are pregnant or nursing, or have a medical condition (including a liver condition), consult your healthcare professional before taking this product. Not recommended for children under 18 years old, individuals who frequently take alcoholic beverages, or those who get an allergic reaction. Do not use if safety seal is broken. Keep in a cool, dry place out of direct sunlight.

#### BOD•Ē HAPPY TARGET MARKET:

Bod•ē Happy is intended for individuals who are seeking a convenient and results-driven product that promotes mental clarity and focus while giving you a natural energy boost.\*

#### STRAWBERRY LEMONADE FLAVOR

### **Supplement Facts**

Serving Size: 1 packet (2.7 g) Servings Per Container: 24

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrates	2 g	1%*
Vitamin A (as natural beta-carotene)	1500 IU	25%
Vitamin C (as ascorbic acid)	100 mg	110%
Vitamin D <sub>3</sub> (as cholecalciferol)	2000 IU	250%
Vitamin E (as dl-alpha tocopheryl acetate	) 30 IU	130%
Thiamin (as thiamine hydrochloride)	2 mg	170%
Biotin	500 mcg	1670%
Sodium	10 mg	0%
Proprietary Nootropic Blend	555 mg	†
L-theanine, natural caffeine, pepper extract, beta-alanine, sea salt trace mineral complex, and bamboo extract.		





Other ingredients: natural lemon flavors, citric acid, natural strawberry flavors, sucralose, beet juice powder, silica and maltodextrin.

Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.



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#### **KEY INGREDIENTS:**

**6 essential vitamins** — Including antioxidant vitamins A, C,  $D_3$  and E — Vital for health and well-being.\*

L-Theanine — Enhances mental alertness and focus.\*

**Beta-alanine** — A naturally occurring amino acid that supports physical endurance.\*

**125 mg of natural caffeine** — Fires up your energy level.\*

**Pepper Extract** — Supports mood and relaxation.\*

Silica — Promotes healthy hair, skin, and nails.\*

**2000 IUs of Vitamin D3** — Supports bone, teeth, muscle and immune health.\*

Biotin - Supports energy metabolism.\*

#### FREQUENTLY ASKED QUESTIONS:

#### Why should I take Bod•ē Happy?

Bod•ē Happy may be the right choice for you if you are seeking a dietary supplement to support mental clarity, focus, productivity, alertness, cognitive function, while giving you a natural energy boost.\*

## How quickly should I see results? Does Bod•ē Happy work for everyone?

We believe people should see results within the first 15-30 minutes; however, since everyone is different physiologically, individual results may vary.

#### Can I take Bod•ē Happy daily?

Yes, the product can be consumed daily, as directed on the product label.

#### Where does the caffeine content in Bod•ē Happy come from?

Bod•ē Happy yields the equivalent of 125 mgs of natural caffeine, the perfect level to promote mental focus, increase physical alertness, clarity while increasing your energy.\* The caffeine is naturally-derived from the coffee bean and is equivalent to about one and a half cups of coffee. We chose to use this source of caffeine since it is a naturally-derived ingredient that is most compatible with the formula and great flavor of Bod•ē Happy.

#### How is Bod•ē Happy manufactured?

Bod•ē Happy is made at a facility that meets FDA manufacturing standards called Good Manufacturing Practices. This ensures our product meets the highest quality possible.

#### Will Bod•ē Happy make me jittery? Is caffeine bad for me?

Some people are sensitive to caffeine; but in moderate doses, it may benefit people interested in enhanced mood and athletic performance.\*

The L-Theanine included in Bod•ē Happy works with the caffeine to reverse those unfavorable side effects, instead promoting concentration on mental tasks, producing what some have called an "alert calmness."\*

#### What are antioxidants?

Antioxidants are substances found in nature that may protect cells from the damage caused by unstable molecules known as free radicals.\* Free radicals are a by-product of overexercise, stress, and exposure to dirty air and other environmental pollutants. Bod•ē Happy contains Vitamins A, C, D<sub>3</sub> and E: ingredients that possess antioxidant properties and may help fight free radicals in your body.\*

## What is the sweetener used in Bod•ē Happy and Bee Happy and why did you choose those sources?

The Bod•ē Happy is sweetened with Sucralose. Sucralose is derived from natural cane sugar through a multistep manufacturing process. It is approved for use in over 80 countries and deemed appropriate for use by all consumers by such health authorities as the World Health Organization (WHO), U.S. Food and Drug Administration (FDA) and the European Food Safety Authority (EFSA).

Individuals who would prefer a natural sweetener will love the Bod•ē Bee Happy, which is sweetened with a blend of natural honey powder and stevia. After extensive research and testing during the product development phase, natural honey powder and stevia were chosen as the best sweeteners for this product. Many of the other sweeteners did not meet our criteria for compatibility with the Bee Happy formulation. The inclusion of premium ingredients, formula efficacy and flavor in the Bod•ē Pro products are our highest priorities.

### Can I take Bod•ē Happy if I have a health condition or am taking medication?

As with any dietary supplement, we recommend checking with your healthcare professional before taking Bod•ē Happy. If you are pregnant or nursing, or have a medical condition (including a liver condition), consult your healthcare professional before taking this product. Not recommended for children under 18 years old, individuals who frequently take alcoholic beverages, or those who get an allergic reaction.

## Does Bod•ē Happy contain any restricted substances, narcotics or alcohol?

No, Bod•ē Pro products do not contain any restricted substances, narcotics or alcohol but are not recommended to be mixed with alcohol either.

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